

## Dr Raj Vastrad MBBS, MNAMS (Orth), AMEC (Australia), Etc....



Founder and Creator of the

**"HAPPEACE" ®™** and **"HAPPEACEOLOGY" ®™**

[www.high-net-worth-happiness-happeace-now.com](http://www.high-net-worth-happiness-happeace-now.com)



**Holistic Health - Wealth - Wisdom - Wellness & Well being including  
Body Mind Spirit, Un-conditional Happiness, Prosperity and PEACE**

### **Brief Profile of Dr Raj Vastrad**

Apart from being an Orthopaedic Micro - Surgeon, Dr Raj Vastrad is an international Inspiring Professional Purposeful Passionate Speaker, Author, Business Consultant, Founder of many Businesses, Philosopher, Holistic Healer, Research Scientist, Creator of many best selling e-books, e-articles, e-reports and an Investor in Health-Wealth-Wisdom-Love-Grace-Gratitude-PEACE and the Other areas of life, as mentioned in the [web-site](#).

Dr Vastrad is also the Founder and Creator of the Intelligently - Integrated – Insightful - Innovative - Trademarked - Brand names called **"HAPPEACE" ®™** and **"HAPPEACEOLOGY" ®™** - - to Intelligently Integrate Infinite aspects, Innovations & Possibilities of the Infinite Human Potentials by Holistic Harnessing – Harvesting – Harmonising of the Human Body – Mind – Spirit – Individually & Collectively.

Dr Vastrad also operates from heart and higher – SELF, through his SELF – Actualization and Realization applying the Prime Principle of Non-judgment.

As a special interest, to Intelligently - Improve the Holistic Quality of the Human Lives on the Global scale Dr Vastrad has Intelligently Invested his precious Time and Energy on the Development of the **"HAPPEACE" ®™** and **"HAPPEACEOLOGY" ®™** series for the Total Management of the Holistic Quality of Life and Life – Styles By studying in depth about Human Body – Mind – Spirit and the Other areas of life, as mentioned in the [web-site](#).

The "**HAPPEACEOLOGY**"<sup>®</sup>™ is the New Age Intelligently - Integrated – Insightful – Innovative **Science-Art-Magic - of** : Harnessing – Harvesting – Harmonising - Holistic – Health – Happiness – Peace – Prosperity Wealth and Wisdom and even more

It is [Science](#) – because, it is duplicatable with right steps, demonstrable/based on Scientific Data.

It is an [Art](#) because it is customizable as per the Own – Individual – Skill, Talents, Evaluated - Experience, Feelings, Intuition.

It is [Magic](#) because many Things of the Body – Mind - Spirit of the Creative Human Beings – Just Transform as A Magic - whenever they are – Aptly – Aligned, Beautifully Balanced, Creatively- Connected to the Universal Force and Electro-Magnetic Energy. Some of the Magical things may not be explainable by the current – conventional scientific modalities or methods as many things are just being physical they are beyond physical – so they are Metaphysical...! Metaphysical is a Magnificent Magic of the Super – Intelligence (You know what it is...? If not you will find the hidden answer some-where in this [site](#)...!)

His maxims are :

- 1 Be educatable, Be educated Be inspired – also educate and inspire others by caring and sharing
- 2 Be unconditionally happy, joyful, graceful, grateful, peaceful and heartily help others to do so .
- 3 Operates from the CREATIVE plane [NOT the competitive plane] – as there is abundance of every thing in this miraculously-magnificent-magical –universe.
- 4 Attract and manifest with rhythm and flow, aligning, balancing with the universal laws to create holistic health-harmony-wealth-wisdom-love-peace.
- 5 Associate with appropriate Ps – Physiology, Perceptions, People, Procedures.

Raj loves with profound purposeful passion to educate, edutain, empower, enlighten and inspire others, transmuting inspiring attitude and behavior into inspiring action via awareness, education, performance to enlighteningly succeed in all the areas of life and achieve the primary, secondary and tertiary human needs, desires, drive, dreams to improve the human quality of life through win-win-won solutions, SOULutions, leverage, LOVErage and timely strategies.

Dr Raj Vastrad is currently based in Sydney, Australia - after migrating in 1988 from India. During the enriching course of the Journey of the life, he has read many empowering books, literature, attended many enlightening Personal and Professional, Business Awareness /

Achievement / Development / Growth and related programs of many reputed International professional speakers, Authors, Business Consultants, Entrepreneurs, Research Scientists and Scholars - locally and globally. Also had many opportunities of sharing the stage with many of them, making the events full of fun with his spontaneous stunning sense of humour!

Accordingly Dr Raj Vastrad has unique blend of education, energy, intelligent information, training, knowledge, skill, wisdom, inspiration and the evaluated empowering, enlightening experience of best of the west and east, which he loves to care, share and to inspire others to improve the holistic quality of life locally and globally.

Raj is also member of various professional and academic surgical and academic organizations, and associations globally. He enjoys Reading, Writing, Traveling. Learning, Teaching – complimenting with Sensational - Spontaneous - Sense of humour, Sports, Healthy Life Style including the Body-Mind-Spirit.

His special interests include different modalities of medicine, different techniques for harnessing and harvesting the power of conscious, creative, sub-conscious and Super-conscious Minds including Meditation, Strategic Programming, Conditioning, and Relaxation etc.

Raj strongly believes in sharing, supporting teamwork through quality creativity, communication, caring contribution, connection and leadership.

Dr Raj Vastrad is one of the few Surgeons in the world with very Diligently - Diverse – Distilled Intelligent – Interest – Insight – Inspiration - in many facets and dimensions of the human life, awareness, achievement, growth, development, transformation and evolution including Body-Mind-Spirit.

His global clients range from Healthcare Professionals, International Financiers, Sports and Fitness personalities, Financial planners, Actors, Actresses, of East and West, Corporate Executives, Students of Life, to name a few.

Dr Raj Vastrad began his career as an Orthopaedic Surgeon, proceeded to Superspecialise in Hand Surgery and Microsurgery and went on further to explore & study many facets and disciplines not only of the human body but also of the human mind – its mechanics related to human behavior and spirit to improve the humans' holistic quality of life through the Universal laws that govern human health,

happiness, wisdom, wealth, achievement success, joy, contentment, inner peace etc.

Raj discovered - through the core inspiration, passion, appreciation, grace, gratitude and love - one of the higher purposes of his life - is to facilitate and to improve the quality awareness in the human beings globally, to inspiringly impact and to influence to progressively, perpetually and to intelligently improve the human beings Quality Of Life, the Quality Of Life Years, Unconditional happiness and Peace through the connections of the personal awareness – achievement - development – growth - evolution and Transformation – individually and collectively.

Accordingly Raj is co-creating Leaders around the world based on the compatibility, concentric congruity of the Values, Purpose and Goals/Growth of the individuals – as he strongly believes in the sharing, supporting teamwork through quality creativity, communication, caring contribution, connection and leadership. Any one interested to become part of the team and/or desiring to become a leader and/or desire to go progressively higher levels to co-contribute for collective improvement of the human quality of lives can contact his local teams or the key contact person.

Raj operates from the CREATIVE FIELD [NOT the competitive plane] – as there is abundance of every thing in this miraculously-magnificent-magical –universe. Accordingly - Raj is always creating new innovative programs to maximize the harnessing and harvesting the human potentials to fulfill the ultimate unique higher purpose of the human beings by utilizing the universal laws to create rhythm, synergy and flow.

## TOPICS

- 1 Harnessing, Harvesting Unconditional Happiness, Inner Peace
- 2 Spirituality
- 3 Body-Mind-Spirit
- 4 Personal awareness-development and growth
- 5 ANTIAGING
- 6 Personal power
- 7 Stress management
- 8 Destiny
- 9 Life Purpose
- 10 Quality of life

## **TOPICS TITLES:**

In chronological order – corresponding to above topics.

- 1 The Secrets of Holistic Health, Happiness, Inner peace,
- 2 Miracles of Spirituality,
- 3 Harness & Harvest the Body-Mind-Spirit
- 4 Holistic Breakthrough to Personal transformation
- 5 TIMELESS BODY & MIND for ANTIAGING
- 6 POWER OF YOUR & OTHER PEOPLE ATTRACTOR FACTORS
- 7 Fun-way to Stress management
- 8 Designing Destiny
- 9 Your life – Your purpose
- 10 Adding life to years & years to life

**Level of Sophistication:** General/Basic/Intermediate/Advanced

Duration of Talk (Excluding Breaks)

1 hour

- 2-4 hours

- 4 to 6 one hour sessions over 4 to 6 weeks [ FLEXIBLE]

**List of connected topics:**

as above Holistic Health, Happiness,  
Inner peace, Spirituality, Body-Mind-Spirit, Personal transformation,  
ANTIAGING, ATTRACTOR FACTORS

**Synopsis of Presentation:**

Participants learn how and why THE:  
Significance of Holistic Health, Happiness,  
Inner peace, Spirituality, Body-Mind-Spirit, Personal transformation  
Holistic Breakthrough Personal transformation are possible through  
The PRINCIPLES, STRATEGIES AND TACTICS

to improve their quality of life & others whom they touch, move  
inspire directly and or indirectly to enjoy the

1 Stress free life

2 TIMELESS BODY & MIND for ANTIAGING through  
Their POWER OTHER PEOPLE ATTRACTOR FACTORS

3 Balance all the ten areas of life, at home, work, wherever &  
whenever !

**Who Should Attend :**

## **Target Audience:**

- 1 Any corporate/business people
- 2 Any professional people
- 3 Any admin/office work people incl Banks,
- 4 Any teams / team leaders,
- 5 CEO's, HR people
- 6 health and education professionals,
- 7 Defense personnel
- 8 General public,
- 9 Coaches, Consultants, Trainers
- 10 Any one who is interested to holistically improve their health-wealth-wisdom-relationship, and to be unconditionally happy, joyful, peaceful, purposeful to maximize their potential to fulfill their higher purpose of life.
- 11 ESPECIALLY BABY BOOMERS !!
- 12 BABY BOOMERS' KIDS ! [New program is being developed ! = To be advised
- 13 Pharmaceutical reps/sales people
- 14 Doctors – GPs, specialists
- 15 Nursing/Hospital staff
- 16 Various Health Foundations & cancer societies eg:
  - A] Arthritis Foundation
  - B] Prostate cancer
  - C] Breast cancer
- 17] Various charity /business/sports clubs  
To give talks on Quality of life /other issues as per supply & demand

## **How you will benefit :**

The programs are innovative, transmutational and transformative. You will benefit from the Strategic education including the basic and advanced principles, strategies, tactics to up date the awareness of programming, conditioning to new levels of growth, development and evolution holistically addressing, exploration, enjoyment of holistic happiness, health, peace, well being.

You will holistically improve your health-wealth-wisdom-relationship, to be unconditionally happy, joyful, peaceful, purposeful to maximize your potential to fulfill your higher Ultimate purpose of life.

Presentations include empowering actual case studies and interesting stories to give extra benefit of making it fulfilling full of fun !

As a stepping stone or spring board to Happiness & Wellbeing Raj  
briefs also on the Laughter & its effects for your Happiness & Wellbeing

You will be educated, inspired to be happy, joyful, graceful, grateful,  
peaceful.

You will learn the POWERFUL LAWS OF THE UNIVERSE to attract and  
manifest with rhythm and flow, aligning, balancing, creating with the  
universal laws to create holistic health-wealth-wisdom-love-peace.  
You will empower, enrich with the state of the art principles to  
associate with appropriate Ps – Physiology, Perceptions, People,  
Procedures and other A to Zs !

### **Classification :**

Holistic Health, Harmony  
Wellness & Well being,  
Unconditional Happiness & Inner Peace  
Spirituality  
Body-Mind-Spirit  
Personal and Professional Development  
ANTIAGING  
Stress management  
Designing Destiny  
Empowering – Enriching - Emotional - Intelligence  
Strategic - Social Intelligence  
Special - Spiritual Intelligence  
Humour, Laughter Therapy and Stress Management  
Personality Profiling, Professional and Personal Mastery  
Intelligent - Happiness and Multi – Mentoring.  
Wisdom Beyond Health – Wealth – and – those other things..

PS: This information/file is frequently updated – so please do visit  
frequently. For further information &/or to contact Dr Vastrad's Team –  
please use the contact form (as mentioned in **this [site](#)...!**). In the year  
2009, customized programs are made available to private and  
exclusive groups, teams, organizations, associations, associates,  
affiliates, other – allied Niche groups, including special Tour packages (   
more information is available on application or enquiry).

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